

HANDY LIST OF UNSOLICITED ADVICE

2024 EDITION

1. Unsubscribe from uncomfortable underwear
2. Reconsider the gyrocopter
3. Act unlike any character from *The White Lotus*
4. Challenge your imagination
5. Waterproof it
6. Apply gold stars liberally
7. Trade in dumb diamonds for GeniusQuantum-Qubits®
8. Update your CBRN mask
9. Welcome the Martians with a bundt cake upon arrival
10. Stop what's stopping you
11. Slow your R O L L
12. Grill your chEese
13. Read *The Book of Joy*, by the Dalai Lama, Desmond Tutu, D. Abrams
14. Stretch your hip flexors every hour, on the hour
15. Trust the chef's gut
16. FEEL the fear and disco anyway
17. Pick a mantra, any mantra
18. Protect each other
19. Invest in lemon eucalyptus oil
20. Listen to hear
21. Repair democracy by filling in the oval completely
22. Skip the frEE trial
23. Skip to my Lou, my Darlin'
24. ARRiBa!

